

MAFUTAGA

E to'atele tagata o lo'o galulue i Shepparton ma taulaga lata ane e fesoasoani i mafutaga ia tumau le soifua maloloina ma le saogalemu ma le alofa.

Afai o iai ni fa'afitauli i le lua mafutaga, talanoa i se tasi e te fa'atuatuaina.

Afai o lo'o e manu'a, pe o e fa'atiga i se tasi, e iai nofoaga e mafai ona e maua ai se fesoasoani e sui ai le tulaga ma maua ai le lagolagosua. E iai fo'i le lagolago pe a mana'omia lou alu ese ma maua se avanoa. E tatau ona e maua se mafutaga e te lagona ai le saogalemu.

Manatua pe a e vala'au pe alu i se 'au'aunaga, e mafai ona e talosaga mo se fa'aliliuupu e leai se totogi e tautala i le gagana e sili ona e to'a e tautala ai.

Ina ia talanoa i se tasi i le taimi nei, valaau i nei auaunaga e leai se totogi o lo'o tatala i taimi uma:

- 1800RESPECT www.1800respect.org.au 1800 737 732
- SafeSteps www.safesteps.org.au 1800 015 188
- Mensline www.mensline.org.au 1300 78 99 78
- Marian Community 03 5825 9400; pe a uma itula 1800 015 188

E mafai ona e vala'au pe alu i nei 'au'aunaga e leai se totogi i itula pisinisi masani:

- *The Orange Door* www.orangedoor.vic.gov.au Vaughan St e paka ai taavale (faafeagai ma Kmart/Coles) 210 Corio St Shepparton 1800 634 245
- *Primary Care Connect* www.primarycareconnect.com.au 399 Wyndham St Shepparton 03 5823 3200
- *InTouch* www.intouch.org.au 1800 755 988
- *Relationships Victoria* www.relationshipsvictoria.org.au 634 Wyndham St Shepparton 03 5820 7444
- *Free Men's Behaviour Change Courses at Relationships Victoria Shepparton* 03 5820 7444
- *Catholic Care* www.catholiccarevic.org.au 68 Wyndham Street 03 5820 0444 | 1800 461 444
- *Centre for Non-Violence* www.cnv.org.au Bendigo, Kyneton, Echuca eria Valaau saoloto 1800 884 292
- *Family Care* www.familycare.net.au 1800 161 306